



# PARENT EDUCATION STYLES: THE IMPACT OF PARENT'S TEACHING APPROACHES ON CHILDREN'S DEVELOPMENT

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## ABSTRACT

Many factors could affect the development of children: family, schooling, living conditions, genetics, culture, relationships, etc. A small change in one of these aspects could also cause huge differences in children's characteristics, emotions, and behavior. In the family, in particular, parents are the main factor influencing each child. This is because parents are the first "teachers" of any children, and each parent has their own approach to educating their children; some would be very strict, extremely easy, extraordinarily reasonable, or even ignore the children. Thus, this article explores different parenting styles and their effects.

**KEYWORDS:** Parent Education Style, Parenting Approaches, Child's Personality, Learning Style

## INTRODUCTION

Every child is unique, and so should the way they are taught. "Parent Education Styles" explores how parents can adjust their teaching methods to fit each child's needs. Rather than using a one-size-fits-all approach, this essay highlights various strategies for customizing teaching based on a child's personality, learning style, and stage of development. By examining these differences, we can understand how tailored teaching methods contribute to effective and supportive learning experiences and help each child thrive. We will review popular examples and ideas of teaching styles and skills that parents successfully apply to their children.

## MATERIALS & METHODS

This paper uses a qualitative review and analysis approach to compare and evaluate the effects of different parenting styles based on truthful sources like research, articles, academic studies, and real-world examples of well-known individuals. This essay attempts to answer 3 questions:

1. What are the main parenting styles?
2. How would the children be affected by each parenting style?
3. Why are the parents' teaching styles so important?

## RESULTS & DISCUSSION

### Authoritative Parenting

Authoritative parenting is defined as a combination of high standards and high warmth. Authoritative parents enforce their children's movements by making clear standards and rules. Apart from this, they are supportive, interactive, and communicative with the children all the time that they need. Their approach to children's nurturing is to punish, but they understand that the objective of punishment is to teach and provide a frame for a child. Authoritative parents nurture the ethics of their children and are on their side, or just simply an ally in every situation. Such children master the skill of self-control and become quite responsible and independent. Many

researchers have reported on the advantages in social behavior, academic performance, and responsibilities of children with an authoritative parenting style. The children are also more likely to improve their emotional skills since they were taught to express clearly their wants within the needs of other people. Furthermore, these children often develop independence and have a better chance to handle challenges and setbacks. These great effects are also mentioned by Laurence Steinberg, Susie D. Lamborn, Sanford M. Dornbusch, and Nancy Darling in 1992 in their articles: "Authoritative parenting (high acceptance, supervision, and psychological autonomy granting) leads to better adolescent school performance and stronger school engagement. The positive impact of authoritative parenting on adolescent achievement, however, is mediated by the positive effect of authoritativeness on parental involvement in schooling." One popular example of an authoritative parenting style is the 44th President of the United States, Barack Obama. In his memoir, *The Audacity of Hope*, Obama describes his mother, Ann Dunham, as having the most effect on his life. Her approach to parenting was described by high expectations combined with a supportive parenting attitude, which tied closely with the authoritative parenting style. This method helped create Obama's values and work morale and contributed to his success in public service and leadership (Obama, B. (2006), *'The Audacity of Hope: Thoughts on Reclaiming the American Dream'*, Crown Publishing Group). Due to the high expectations and high warmth from his mother, ex-president Obama was raised in a great environment with far-reaching development, and he became the president of the USA with 2 consecutive election terms from 2009 to 2017.

### Neglectful Parenting

Neglectful parenting, also called uninvolved parenting, is characterized by a lack of responsibility and minimum demands or warmth from the parents. The parent who applies neglectful parenting does not participate in their children's daily activities. A mother/father who uses this style characteristically does not

give good monitoring, emotional care, or advice to their child. These parents are preoccupied with their problems or choose to neglect the needs of their children, which results in kids being left on their own. This parenting style is defined by the absence of parents' involvement and active participation in the life or challenges faced by a child. This can create a gap in the emotional growth of the child. The damage that such an approach can cause the child should be very alarming. Children, who are victims of such parenting from their guardians, go through a rough time with many problems, including negative self-image, poor school performance, and bad behavior or affect by it. They have been shown to develop feelings of low self-value and disbelief against other people. In June 2002, Kathryn L. Hildyard and David A. Wolfe stated in one article that: "Neglect is associated with effects that are, in many areas, unique from physical abuse, especially throughout childhood and early adolescence. Relative to physically abused children, neglected children have more severe cognitive and academic deficits, social withdrawal and limited peer interactions, and internalizing (as opposed to externalizing) problems." Jennifer Lawrence is one of the most popular examples that one can think of in this style. In interviews, Lawrence has shared many times that her education involved significant independence due to her parents' relative ignorance. Her father was typically out at work, and her full-time or part-time mother was rather preoccupied with many activities, so there was neglect during her childhood. During schooling, she was not able to fit in with the rest of her classmates and developed anxiety. She also met problems with her education for not going to high school and was vastly uneducated. Still, Lawrence turned her life around and became successful in Hollywood (Lawrence, 2012).

### Authoritarian Parenting

Authoritarian parenting involves a high standard with a lack of caring. The authoritarian teaching style strictly sets rules and hardly leaves any room or space for any form of explanation of the duties expected of children. In this style of parenting, the phrase "high control and low warmth" describes it all: while the children have a clear understanding of what is required of them and the discipline is made tighter, there is little or no emotional support in return. Parents who have this style care more about the results and success of their children. To achieve this, they usually give commands, threaten, or punish the children to make sure that they follow the rules. They usually think that if the family is led by a strict hand, the children will listen and behave correctly. Parents use order to impose rules on their children but do not accept opposition or explanation. In that, there must be an official way of doing things, and there must be results. If not, the children will be punished terribly. The style of authoritarian parenting is very harsh towards children and can control their behavior, emotions, and socialization. The children brought up in this style are very obedient and do well in academics as they are forced by the rules and expectations of their parents. Hirani, Afsheen Amir Ali wrote an article in 2017 and stated that "the major focus is on authoritarian parenting and its impact on children. Moreover, it also discusses the theories of the child-parent relationship and comments about the adverse consequences, such as low self-esteem, lack of confidence, passivity, poor self-regulation,

anxiety, aggression, depression, self-mutilation acts, and low academic performances due to authoritarian parenting style." In addition, one of the most popular people who represent this style is actor and director Steven Spielberg. Spielberg himself has spoken about his childhood in interviews and biographies, claiming that his father Arnold Spielberg was quite harsh. The strong expectations, yet with low emotional support that is characteristic of this authoritative style of parenting had a deep impact on the personality and the career of Spielberg." (Epstein, 2010). Spielberg had a tough childhood just simply following his parents' commands and expectations. He reflected all the struggles in the past into his movie's characters.

### Permissive Parenting

Permissive parenting is characterized by a high level of responsibility and warmth combined with the least expectations and control. Parents who use a permissive style have a very high chance of being tolerant and avoiding strict rules and discipline. They prioritize their child's happiness and often act more like a friend than a ruler or commander. These parents generally avoid strict limits or expectations, allowing their children to have full freedom to make their own choices and often surrender to their desires. While permissive parents are usually very interactive and supportive, their lack of structure and discipline can lead to unbalanced teaching. Children raised with permissive parenting may face developmental challenges due to the absence of instruction and guidance. They often struggle with self-discipline and may have difficulty following rules or expectations in various places, such as school or the workplace in the future. These children might also have higher levels of fury and struggle with higher-power people because they are familiar with having their way. The lack of clear boundaries can lead to issues with responsibility and decision-making, as children may not develop the skills necessary to manage their behaviors and understand the consequences or results of their actions. This type of teaching has 2 popular outputs: either the children succeed with a happy childhood or become aggressive in the belief to do whatever they want. Another parenting style that was described by Baumrind (1967, 1971) is permissive parenting. This parenting style is characterized by low control and high responsiveness. Permissive parents are responsive to their children's needs but do not set clear limits and boundaries. They make few demands, allow children to regulate their actions as much as possible, and react in an accepting, nonpunitive way to their children's impulses and wishes. This type of parenting or parent-child relationship that lacks firm rules and consistent discipline may create a socializing context for children's negative behaviors such as aggression." (Yoshito Kawabata, Lenneke R.A. Alink, Wan-Ling Tseng, Marinus H. van IJzendoorn, Nicki R. Crick (2011), 'Maternal and Paternal Parenting Styles Associated with Relational Aggression in Children and Adolescents: A Conceptual Analysis and Meta-Analytic Review'). A model of this style is Paris Hilton. Looking into her past, Hilton's image was ruined by scandals, including awful behavior, lawsuits, arrests, and bad judgment. She has discussed aspects of her upbringing and how it influenced her, particularly in terms of her public, personal, and career choices. In various interviews, she has acknowledged the role of her family's wealth and ignorance parenting in shaping her lifestyle

and career trajectory (Hilton, 2004).

## CONCLUSIONS

Though there are many different education styles, they work differently due to each of them having their own environments. The four main styles, which are authoritarian, neglectful, authoritative, and permissive parenting, create children with different aspects. The following elements can be affected by the teaching style: children's personalities, characteristics, cognations, abilities, et cetera. Although these four can conclude with a completely different result from others, it also depends on the parents in general. These parent education styles are one of the most popular factors affecting the children when they go out to society, which means it is important for parents to have a suitable way of approach to make children have the best childhood memories they can have with good outcomes.

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